

In support of CMHA Mental Health Week, join us for a special virtual event

7<sup>TH</sup> ANNUAL JEWISH COMMUNITY MENTAL  
HEALTH AWARENESS SHABBAT

# TEEN MENTAL HEALTH WORKSHOP

**Keynote Speaker:**

Rabbi Yonatan Rosensweig

Rabbi Yonatan Rosensweig serves as the Rabbi of the Netzach Menashe synagogue in Beit Shemesh. Additionally, he teaches in various post high school institutions and is the author of multiple books.

In 2021 he founded the organization Maagalei Nefesh, that deals with issues pertaining to mental health and halakha and recently co-authored "Nafshi BiShe'elati.



How do we answer  
questions of Halacha  
and mental health?

FRI | MAY | 9  
10AM EST

Livestream and to RSVP /mark your calendars:  
at: <https://www.mentalhealth.tbdj.org/>

\* This event is designed for High School students



**MIZRACHI**  
CANADA

**EVENT PARTNERS**



**TORAH**  
*in*MOTION



**amiquébec**  
Agir contre la maladie mentale  
Action on mental illness

**Maaglei  
Nefesh**

The Center for Mental Health, Community, & Halakha



**Lifeline**  
Recovery & Prevention  
HOPE & HEALING FOR ALL AFFECTED BY ADDICTION



A full list of participating schools will be displayed on our website.

For more information, please contact: [tbdjmentalhealth@gmail.com](mailto:tbdjmentalhealth@gmail.com)