

In support of CMHA Mental Health Week, join us for a special virtual event

6TH ANNUAL JEWISH COMMUNITY MENTAL
HEALTH AWARENESS SHABBAT

TEEN MENTAL HEALTH WORKSHOP

Keynote Speaker:

Dr. Debbie Akerman



Debbie Akerman PhD, LCSW is a social worker with years of experience in addiction, recovery and trauma. A wife and mother to 11 biologic and 8 chosen children, Dr. Akerman completed her dissertation on addiction and the orthodox Jewish community.

Currently, Dr. Akerman is full time faculty at Wurzweiler School of Social Work and also maintains a private practice. Dr. Akerman brings her own personal experience of trauma and loss to her work and now to the public sphere as an inspirational speaker.

**How to Stand Up and
Make a Difference in
Traumatic Times**

**FRI | MAY | 10
10AM EST**

**Livestream and to RSVP /mark your calendars:
at: <https://www.mentalhealth.tbdj.org/>**

* This event is designed for High School students



EVENT PARTNERS:



A full list of participating schools will be displayed on our website.

In conjunction with the Orthodox Union's Mental Health Awareness Month

For more information, please contact: tbdjmentalhealth@gmail.com